



2010

Professor Roberto Ferrari

University of Ferrara, Italy

**The Mediterranean diet – let’s examine
the culture behind it and the facts?**

at the limits CARDIOLOGY, DIABETES & NEPHROLOGY



2011

Professor Sir Michael Marmot

Department of Epidemiology & Public Health, University
College London, UK

Stress and heart attacks

at the limits

CARDIOLOGY, DIABETES & NEPHROLOGY



2012

Professor Tom Lüscher

University of Zurich, Switzerland

No sports - Winston Churchill revisited



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2013

Professor Marc Pfeffer

Harvard University, Boston, USA

**The Renin-angiotensin-aldosterone-system:
have we reached the limits?**

at the limits CARDIOLOGY, DIABETES & NEPHROLOGY



2014

Professor Eugene Braunwald

The Brigham & Women's Hospital, Harvard Medical School,
Boston, USA

Heart failure at the Limits!



2015

Professor Stephen O'Rahilly

University of Cambridge, UK

**Adipose tissue as an endocrine organ:
what are the limits?**

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2016

Professor Dariush Mozaffarian

Tufts University, Boston, USA

A global perspective in preventing cardiovascular disease from discovery to policy



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2017

Professor John Camm

St Georges Hospital, London, UK

**At the Limits: anticoagulation for the cardiologist,
the diabetologist and the nephrologist**



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2018

Professor Calum MacRae

Brigham & Women's Hospital, Harvard Medical School, Boston, USA

**Uncovering the causes of heart disease- the
One Brave Idea award**



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2019

Professor Carel le Roux

University College Dublin, Ireland

How the gut talks to the brain and protects the heart and kidneys



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2022

Professor John Deanfield

University College London, UK

Prevention from an early age –
a ‘no brainer’, but who will listen?



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2023

Professor Katherine Tuttle

University of Washington, Washington State, USA

Why is the patient with kidney disease and type 2 diabetes so different?